

**INTERNATIONAL INDIAN SCHOOL, RIYADH**  
**VI – VIII SECTION**

*Academic Year 2016 - 2017*

**WORK SHEET (1) : SUMMATIVE ASSESSMENT-1**

**CLASS :- VIII**

**SUBJECT :- ENGLISH**

**TOPIC :- READING**

**Q.1. Read the following passage carefully and answer the questions that follows :-**

**STRESS BUSTERS**

"The most obvious way to avoid examination stress is to be prepared" is an oft-repeated advice from the experienced elders. "Is there no way to calm the frazzled nerves that seem to accompany examinations and the resultant exam blues?" ask the anxious students. Well, there are no pills, quick-fix methods or sure-shot ways to combat stress. However, certain steps, if followed properly, can yield the desired results.

You must discuss your anxiety with family or friends. When you express a feeling or emotion, its intensity automatically goes down, making it easier for you to cope.

Usually, anxiety sets off a chain reaction where students imagine what would happen if they don't get good marks, which add to their nervousness. Psychologists advise that you should distract yourself by talking to a friend, going for a run, or watching television as soon as these thoughts begin.

Studying long hours at a stretch does not translate into being well prepared for the exams. Nonstop studying brings down the mind's ability to remember and recall, so always take a short break before hitting the books.

Deep breathing with your eyes closed while focusing on your body slows the physiological response to stress and brings down muscular and mental tension. It stabilises the biochemical response of the body by controlling hormonal secretions induced by anxiety. You can do breathing exercises just before you begin a paper and start writing. It'll help focus your thoughts better and prevent panic attacks.

You must have a high carbohydrate-low fat diet. Fats in the diet make the body sluggish while caffeine makes it high strung, so it's best to consume a high carbohydrate diet, while limiting the tea and coffee intake to not more than three cups a day. These tips should help you make it through the most trauma of answering papers.

**Q.1.1. On the basis of your reading of the above passage, Complete the sentences by writing the appropriate words/phrases:-**

- (a) In order to avoid exam stress one \_\_\_\_\_.
- (b) Students should stay away from \_\_\_\_\_ type of food during the examinations.
- (c) It is easy to cope with an anxiety after sharing it with someone because its \_\_\_\_\_ goes down.
- (d) To prevent panic attacks and to help focus your thoughts better, you must do \_\_\_\_\_ just before you begin your paper.
- (e) During examinations, students must have a \_\_\_\_\_ diet.
- (f) Deep Breathing stabilises the \_\_\_\_\_ of the body by controlling hormonal secretions induced by anxiety.

**Q.1.2. On the basis of your reading of the passage, answer the following questions as briefly as possible:-**

- Q.1. What are the consequences of nonstop studying?
- Q.2. What do Psychologists advise the students in order to reduce their anxiety or nervousness?
- Q.3. What are the advantages of deep breathing with your eyes closed?

**Q.2. Read the following poem carefully and answer the questions that follow :-**

**THE JUDGEMENT DAY**

I woke up one morning and I was 17  
I knew the day had come  
The day I proved to everyone how cool I was  
The day I accepted death as my destiny.  
Little did I know I would regret that day  
And my family who kept me alive for 17 years  
Would be cursed by me with years of never ending pain.  
Without thinking I lit the cigarette  
I knew it had to be done before the day was over  
I coughed a little but I was fine.  
Now as I lay in bed coughing and choking  
My family is beside me  
My parents and my sister  
I whisper in my sister's ear  
"Please don't do what I did"  
She just nods her head in silence

Now as my angel holds me in his arms  
I know it's time for me to go  
I close my eyes and kiss them one last time  
It's funny how we resent those who try to help us when we're alive  
And how we beg them to save us when we're about to die.  
All this because of one silly cigarette  
All this because someone was dumb enough to say that  
Smoking is cool.

**Q.2.1. On the basis of your reading of the poem, answer the following questions as briefly as possible:-**

- Q.1.** What did the boy want to prove? How did he do so?  
**Q.2.** The speaker in the process of proving himself accepted \_\_\_\_\_  
as his \_\_\_\_\_ .  
**Q.3.** When did the speaker try to prove it? What was the consequence?  
**Q.4.** Pick out the word used by the speaker  
(a) in the initial stage of the poem which meant 'be sorry, a feeling of sorrow or disappointment about something'  
(b) towards the final stage of the poem which meant 'dislike, feel bitter or angry about'
- 

**TOPIC :- WRITING TASK**

**I. MAIN COURSE :- UNIT – 1 : (FORMAL LETTER)**

**Q.1.** You are Sonu/Sana of No. 141/A, Ruby Apartment, Garden Road, New Delhi, who is a nature lover, is undoubtedly very interested in trees and conserving nature. Recently, the Forest Department had taken some measures to change the outlook of your city by planting trees. Write a letter to the Director, The Ministry of Forest and Environment, Paryavaran Bhavan, Lodi Road, New Delhi – 110 003, expressing your gratitude and delight to see the city 'green' again and appreciating the Department for their timely action, using the hints given below and your own ideas in not more than 150 words.

Hints :-

- trees, a new outlook for the city and residents of the locality
- breathe fresh air, healthy surrounding amidst the busy urban life style
- trees around sanctify, source of serenity, and inspire people
- public to be encouraged in conserving nature, to educate them about the advantages of trees with respect to our lives

- Government to initiate more programmes, like “Each one plant one” to grow trees
- Felling of trees, to be taken seriously and made as a punishable act
- Government to continue its services with the best interest of public

**Q.2.** You are Rohit / Riya a resident of No. 25, Gardenia Enclave, Chennai. You had recently witnessed the celebration of Diwali in your city, which was polluted by the toxic chemicals of the fireworks. Write a letter to the Editor of ‘The Times of India’ expressing your disappointment and grievances about the air pollution caused and the national waste occurred. Use the hints given below and also include suggestions and recommendations to sort out the problems in not more than 150 words.

*Hints :-*

- ❖ Fireworks brilliant display but shower of toxic chemicals
- ❖ White, glittering shimmers, blue, green and red – produced by aluminium, Copper compounds, barium nitrate and strontium respectively
- ❖ Pollution – air, sound and colour affect human beings and wildlife
- ❖ Human health affected – breathing ailments, Psychological disturbance due to sound, vision impairment, burns, greater risk for cracker factory workers, mostly children
- ❖ *Suggestions:-* National monetary wastage – could be put to better use, feed the needy, provide medicine, treatment, shelter etc.

## **II. MAIN COURSE :- UNIT – 4 : (NOTICE WRITING)**

**Q.1.** On the occasion of ‘Tobacco Day’, your school has planned to launch a campaign against ‘Smoking’ so as to create awareness among student community in particular about its serious consequences, health hazards and its side effects. Design a poster which is issued by ‘Social Club’ for the same by using the guidelines given below.

- Mention some of the dreadful diseases caused due to smoking
- Passive smokers are affected too
- Cause air pollution
- Have slogans which are catchy
- Mention the place, date, time, event, attractions, the name of the issuing authority etc.
- Make the poster attractive by using colours, drawings and variety of writing styles

**Q.2.** You are Sheeja/Shah, the Secretary of the Science Club of your school. Write a notice giving all relevant details in not more than 50 words for the School Notice Board, informing the students about the Science Exhibition to be held and requesting them to participate in it whole-heartedly.

### **III. WORK BOOK :- UNIT – 1 : (DESCRIBING A PLACE)**

**Q.1. Here is some information about “Goa”. Read the hints given below and develop two or three paragraphs about it.**

Hints :-

- well known tourist destination in India – small state – Panaji also known as Panjim, capital city
- known for diverse mix of beaches, nature, history, parties – apart from it, picturesque scenery, tranquility, water sports, spices, spicy goanese food
- Old Goa – once Portuguese capital of Goa – magnificent churches and cathedrals, the largest in Asia – also archeological museums, display of Goa’s history – most interesting building – the Convent, Church of Saint Francis
- Panjim – worth visiting, declared a UNESCO Heritage Zone in 1984 – colourful old Portuguese homes, narrow winding streets and lanes, quaint shops, art galleries, bakeries, restaurants – all give undeniable charm
- 20% of Goa – wild life sanctuaries – home to an array of birds and animals – two main sanctuaries, Bhagwan Mahvir and Cotigao - Mollem National Park part of Bhagwan Mahvir - also find the imposing Dudhsagar Falls – accommodations provided in both sanctuaries by the Goa Forest Department
- enchanting drive through dense jungles and hills – breath taking - elephant and boat rides available - shopping in Anjuna flea market – unforgettable experience

**Q.2. Here is some information about the famous tourist destination “Manali”. Write two or three paragraphs on ‘A Trip to Manali’, using the information given below and also by using your ideas.**

Hints :-

- at the northern end of Kullu
- breathtaking view, surrounded by tranquility, ice-capped peaks, wooded slopes
- brimmed with activities, trekking, summer and winter skiing
- markets known for Tibetan carpets, souvenirs
- variety of eateries, lingering aroma of steaming noodles
- tourists huts, rest houses
- ideal, popular tourist destination, tourists from various parts of the country, world
- unforgettable trip, everlasting memoirs of picturesque beauty embedded in your memory

## TOPIC :- GRAMMAR

### I. UNIT – 4: PRONOUNS

#### Q.1. Fill in the blanks with the appropriate Pronouns specified below:-

- (1.) They were blaming \_\_\_\_\_ for the defeat. (Reflexive Pronoun)
- (2.) The children looked at \_\_\_\_\_ when surprise gifts were given. (Reciprocal Pronoun)
- (3.) The clock tower is a famous landmark. \_\_\_\_\_ will tell you the way. (Indefinite Pronoun)
- (4.) \_\_\_\_\_ were the books I wanted to read. (Demonstrative Pronoun)

#### Q.2. Fill in the gaps with the appropriate indefinite pronouns:-

- (1.) Does \_\_\_\_\_ have a pencil?
- (2.) \_\_\_\_\_ of you must bring a bottle of water.
- (3.) Rima bought \_\_\_\_\_ she liked at the fair.
- (4.) I have bought \_\_\_\_\_ you might need for the journey.

### II. UNIT – 16: PREPOSITIONS

#### Q.1. Fill in the blanks with appropriate prepositions from the options given below:-

Jimmy, the chef was near the working table (1) \_\_\_\_\_ his kitchen. He took all the ingredients and started preparing doughnuts. He put some flour (2) \_\_\_\_\_ a big bowl and added eggs also. Then he melted some butter and poured it (3) \_\_\_\_\_ the mixture and also added some baking powder. He mixed everything (4) \_\_\_\_\_ a churner. He rolled the dough (5) \_\_\_\_\_ animal shapes and spread them (6) \_\_\_\_\_ a baking tray before putting in into the over. He waited till they were fluffy and golden brown. Soon he was (7) \_\_\_\_\_ his way (8) \_\_\_\_\_ the Children's Home where little ones waited for their Sunday treat.

- |               |         |            |         |
|---------------|---------|------------|---------|
| 1) a) within  | b) in   | c) to      | d) by   |
| 2) a) to      | b) in   | c) over    | d) into |
| 3) a) over    | b) at   | c) among   | d) with |
| 4) a) by      | b) from | c) with    | d) in   |
| 5) a) from    | b) into | c) between | d) in   |
| 6) a) towards | b) with | c) in      | d) on   |
| 7) a) to      | b) by   | c) on      | d) in   |
| 8) a) for     | b) to   | c) onto    | d) by   |

**Q.2. Fill in the blanks with appropriate prepositions:-**

- a) I am anxious \_\_\_\_\_ my results.
- b) This spray is a protection \_\_\_\_\_ termites.
- c) This is a secret \_\_\_\_\_ you and me.
- d) I walked \_\_\_\_\_ the Chief Guest to greet him.
- e) My bunch of keys fell \_\_\_\_\_ the drain.
- f) The public library is \_\_\_\_\_ the main road.
- g) We stay \_\_\_\_\_ Patparganj \_\_\_\_\_ East Delhi.
- h) She is carrying the chair up the stairs \_\_\_\_\_ the top floor.
- i) The cake was distributed \_\_\_\_\_ the children in the class.
- j) They had dessert \_\_\_\_\_ the main dish.

**III. UNIT – 5: ADJECTIVES**

**Q.1. Identify the adjectives and name them:-**

- (1.) I want some sugar for making the cake.
- (2.) These students participated in the exhibition.
- (3.) Which fruit is available in the market?
- (4.) My son has not been recorded yet.
- (5.) There were only fifteen students in the classroom.

**Q.2. Make new adjectives by adding suffixes to the words given below:-**

- 1) courage
- 2) friend
- 3) hope
- 4) wealth
- 5) mercy

**Q.3. Make negative adjectives using prefixes:-**

- 1) responsible
- 2) human
- 3) honest
- 4) organized
- 5) efficient

**Q.4. Fill in the following gaps with the appropriate forms of adjectives:-**

- 1) Pretty \_\_\_\_\_
- 2) \_\_\_\_\_ happier \_\_\_\_\_
- 3) Fine \_\_\_\_\_
- 4) Late \_\_\_\_\_ latest, last
- 5) \_\_\_\_\_ most

**Q.2. Fill in the blanks with appropriate prepositions:-**

- a) I am anxious \_\_\_\_\_ my results.
- b) This spray is a protection \_\_\_\_\_ termites.
- c) This is a secret \_\_\_\_\_ you and me.
- d) I walked \_\_\_\_\_ the Chief Guest to greet him.
- e) My bunch of keys fell \_\_\_\_\_ the drain.
- f) The public library is \_\_\_\_\_ the main road.
- g) We stay \_\_\_\_\_ Patparganj \_\_\_\_\_ East Delhi.
- h) She is carrying the chair up the stairs \_\_\_\_\_ the top floor.
- i) The cake was distributed \_\_\_\_\_ the children in the class.
- j) They had dessert \_\_\_\_\_ the main dish.

**III. UNIT – 5: ADJECTIVES**

**Q.1. Identify the adjectives and name them:-**

- (1.) I want some sugar for making the cake.
- (2.) These students participated in the exhibition.
- (3.) Which fruit is available in the market?
- (4.) My son has not been recorded yet.
- (5.) There were only fifteen students in the classroom.

**Q.2. Make new adjectives by adding suffixes to the words given below:-**

- 1) courage
- 2) friend
- 3) hope
- 4) wealth
- 5) mercy

**Q.3. Make negative adjectives using prefixes:-**

- 1) responsible
- 2) human
- 3) honest
- 4) organized
- 5) efficient

**Q.4. Fill in the following gaps with the appropriate forms of adjectives:-**

- 1) Pretty \_\_\_\_\_
- 2) \_\_\_\_\_ happier \_\_\_\_\_
- 3) Fine \_\_\_\_\_
- 4) Late \_\_\_\_\_ latest, last
- 5) \_\_\_\_\_ \_\_\_\_\_ most



#### **IV. UNIT – 14: ACTIVE AND PASSIVE VOICE**

##### **Q.1. Change the following sentences into passive voice:-**

- (1.) The artists showcased the paintings at the art gallery.
- (2.) The teacher encourages the children to perform well.
- (3.) Who is singing the devotional songs?
- (4.) Does the doctor give you strong medicines?
- (5.) Were you preparing vegetable soup for dinner?

##### **Q.2. Change the following sentences into active voice:-**

- (1.) A strike has been declared by the auto rickshaw drivers.
- (2.) By whom had the glass been broken?
- (3.) The aircraft was flown by the pilot at a great height.
- (4.) Let the old memories be recollected.
- (5.) Can this heavy bag be carried by you?

##### **Q.3. Given below are some simple set of instructions for maintenance measures which are a must for all homes. Use these to complete the paragraph that follows (Voice). The first one has been done as an example :-**

- Maintain the house neat and clean on daily basis.
- Polish the wooden furniture regularly to maintain its lustre.
- Clean the fans and light fittings fortnightly with a soap solution.
- Regularly air mattresses, pillows, blankets.
- Clean and disinfect the dark cupboards as they make excellent hiding places for mosquitoes and moths.

First of all, the house **(e.g.) is maintained** neat and clean on daily basis. The wooden furniture **(a)** \_\_\_\_\_ regularly to maintain its lustre. The fan and light fittings **(b)** \_\_\_\_\_ with a soap solution. The mattresses, pillows and blankets **(c)** \_\_\_\_\_. The dark cupboards, which make excellent hiding places for mosquitoes and moths **(d)** \_\_\_\_\_

\*\*\*\*\*

Prepared by :-

**MRS. REJI.S.**  
**VI – VIII (BOYS SECTION)**  
**IISR.**